

How Do I Know If I'm Ready For a Coach?

How many are true for you? _____

1. I feel as though I want to go further and have maxed out my current resources.
2. I am willing to explore my potential and begin thinking beyond normal to extraordinary.
3. I am willing to restructure my life, if necessary, to achieve my goals and dreams.
4. I want to be a visionary, and maintain a high level of accomplishment.
5. I am willing to do something different to operate at the leading edge.
6. I am willing to accept another person's advice, insight, encouragement, and feedback so that I can advance beyond what I ever dreamed.
7. I feel the need for something new and challenging.
8. I have a challenge with life/work balance.
9. I feel stagnated.
10. I have a lot of good ideas, but am not able to do anything with them.

Scoring Grid:

Less than 2 true right now

Congrats and keep it up!

3-4 true right now

**Would benefit from working
with a coach**

5-6 true right now

Consider coaching soon

7-8 true right now

When can you get started?

9-10 true right now

**Call 911,
then pray for a coach!**

Who can I contact to coach me?

Currently the Christian Church in Ohio has trained the following people.

You may contact any one of the following whom you feel will be a good fit for you.

Jim Bane

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Christian Church in Ohio
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A covenant network of congregations in mission.



Building

Trust



Empowering

Leaders



Transforming

Congregations

Christian Coaching

The Holy Spirit unlocking
personal effectiveness for the
benefit of the Body of Christ

What is Christian Coaching?

A simple definition of coaching by Linda Miller and Chad Hall in their book **Coaching for Christian Leaders** is: **A relationship of informed dialogue that facilitates new skills, possibilities, and insight resulting in improved individual performance and organizational advancement.**¹

The distinction between Christian coaching and other coaching is that Christian coaching uses scriptural principals led by the Holy Spirit, and personal success is for the benefit of the Body of Christ. Jane Creswell a Master Certified Coach and a founding member of the Columbian Partnership says Christian coaching is not merely Christians doing coaching. Christian coaching starts with Christ's vision and mission in an individual's life, then adds scriptural principles and Christ's presence and a high standard of excellence as a trained coach.²

Coaching for effective leadership is all about the individual being coached. The coach listens carefully to the subject the individual chooses to focus upon. With guidance from the Holy Spirit the coach asks powerful questions that enables the individual to respond with answers from within themselves that may have been lying dormant for many years. Through powerful questions, the coach will assist the person being coached to focus on developing intentional actions to ensure effective leadership.

¹ Miller, Linda and Chad Hall. *Coaching for Christian Leaders: A Practical Guide*. Chalice Press, St. Louis, MI., 2007.
² Jane Creswell, MCC. *Western Seminary coaching course MCS 501, 2005*



How will coaching help me personally?

As you successfully build on your strengths through coaching, you will gain clarity and focus which will enhance your confidence. Each coaching session should bring new learnings which will open up new possibilities, skills and/or insights from within you. As you grow through coaching, the church body will also reap the benefit of your intentional progress.

How will coaching help the church?

Coaching does not just bring effectiveness to the individual. As pastors, church leaders and church groups engage in coaching, the goal is to bring about improved individual effectiveness for the benefit of the body of Christ. This is why CCIO has identified Christian coaching as one of the resources for congregations to realize what God has called them to be and do.



How does coaching work?

The "person being coached" (PBC) brings the issue to the phone conversation. The PBC explains the situation. The coach then asks powerful questions that enables the PBC to narrow the topic of discussion to one specific issue. The coach continues to ask powerful questions which enables the PBC to see the situation in a new light, opening up new possibilities and insights. The coach asks powerful questions to move the PBC forward in designing action steps which will bring about the PBC's desired result.

Who will the Region coach?

Coaching is available from the Christian Church in Ohio for pastors, congregational leaders, and teams committed to congregational transformation. Coaching church leaders is for the benefit of the individual. But the effective leadership of the individual is expected to benefit the body of Christ because of their increased effectiveness.



What is the cost?

There is no monetary expense for this resource. However, it is expected that the individual or group that has asked for coaching will take the sessions seriously and take responsibility for completing the action steps the PBC designed to accomplish the desired result.

How will I know if I am ready to be coached, and where can I find a coach?

The back panel has a few questions you can answer to help you decide. There is also a list of Regionally trained coaches.

